

## High Rock

***8.0 miles total, 4 hours round trip***

Because the trail to High Rock follows an old logging railroad, the hike or ski to this Five Ponds landmark is a gentle one. The land and railroad were once owned by a Pennsylvania lumber company, who heavily logged this forest during the first decade of the 20<sup>th</sup> century. At High Rock, one can camp, swim, enjoy a picnic, or just relax for a few moments and take in the sweeping views of the Oswegatchie river basin from this large rock outcropping.

Begin at the first trailhead on South Shore Road in the village of Wanakena, located 0.1 miles over the steel bridge. Cross the barrier that prevents vehicular access, sign in at the DEC trail register, and follow red trail markers down the "old truck trail." This "road" eventually turns into more of a trail. At 3.9 miles follow a marked spur trail 0.1 miles to High Rock.

Note: It is possible to reach High Rock via canoe or kayak. Begin at the DEC canoe launch in Inlet (follow signs to the "Oswegatchie Canoe Access" off of State Route 3 just east of the village of Star Lake). Paddle upstream 2 hours (allow about half that time for the return trip). High Rock will be on your left (east) with a good landing spot at its base.